



Route Card (use 1 per day)			Expedition Aim:							Romsey Baptist Church Open DofE Centre Bell Street, Romsey Hampshire SO51 8GW	
Day of week	Date	Day	Names of Team Members								
			1.						4.		
			2.						5.		
			3.						6.		
			4.						7.		
			5.								
Leg	Startpoint		General direction or bearing	Distance in km	Height climbed in m	Time allowed for journeying	Time allowed for exploring, rests or meals	Total time for leg	Estimated Time of Arrival E.T.A	Setting out Time	
	Brief details of route to be followed or planned activity. (Enter full details of activity on reverse)									Escape/Notes	
(a)	(b)		(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)
1											
2											
3											
4											
5											
6											
7											
			Totals							Supervisors name	
										Location, Tel No	



Activity Plan

Leg / Activity	Task	Activity Details
1		
2		
3		
4		
5		
6		
7		

ROUTE CARD - NOTES ON COMPLETION

For each leg involving journeying only enter route details in columns (b) to (k).

When non-journeying activity (exploring) is planned at the break between legs, leave columns (c) to (f) blank, enter the estimated time required to complete the activity in column (g), complete columns (h) to (i), and enter brief details of the activity in column (j).

If exploring is to be carried out during a leg, enter the route details in columns (b) to (f), add the time planned for the activity to the rest and meal times in column (g), and complete columns (h) to (k).

Enter brief details of the activity after the route description in column (j).

The journeying total in column (f) must be at least half the minimum required hours of planned activity.